

**You are not alone.** If you think a person is suicidal, don't leave them alone. Even if you see one warning sign, step in and speak up. Help is available. Trained support is close to home. To find local resources, call one of our local partners below.

#### **BRAZORIA COUNTY COUNSELING CENTER**

Angleton/Pearland | (979) 549-0889

## BRAZORIA COUNTY MENTAL HEALTH DEPARTMENT

Mental Health Crisis Calls County Wide | (979) 864-2392

## **COUNSELING CONNECTIONS FOR CHANGE**

Pearland | (281) 485-9280

# **CRISIS INTERVENTION OF HOUSTON**

Crisis Hotline | 24/7 (713) HOTLINE, (713) 468-5463 Teenline | 24/7 (713) 529-TEEN, (713) 529-8336

# **GULF COAST CENTER 24 HOUR CRISIS HOTLINE**

County Wide | 1-866-729-3848

# NATIONAL ALLIANCE ON MENTAL HEALTH (NAMI GULF COAST)

Alvin | (281) 585-3100

## **NATIONAL SUICIDE PREVENTION LIFELINE**

Crisis Text Line | Text HOME to 741-741 1-800-273-TALK (8255)

## **COMMUNITY HEALTH NETWORK**

County Wide | (281) 824-1480

## **YOUTH AND FAMILY COUNSELING SERVICES**

(979) 849-7751 Crisis Hotline | 24/7 (877) 949-3140





